

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



Beef Cottage Pie  
(CE)

S

Tuscan Sausage Pasta  
(MK, SU, G/W)

Roast Chicken with Gravy

Chicken & Tomato Pasta  
Bake  
(CE, MK, G/W)

S

Crispy Catch Fish & Chips  
(F, G/B\*, W)

### VEGGIE



Veggie Cottage Pie

V S

Tuscan Vegetable Pasta  
(MK, G/W)

S

Cheesy Veggie Hot Pot with  
Gravy  
(CE, MK, G/W)

S

Cheese & Tomato Pasta  
Bake  
(CE, MK, G/W)

Cheesy Mexican Veggie  
Burrito & Chips  
(MK, G/W)

### SIDES



Carrots & Green Beans

V S

Peas & Sweetcorn

V S

Rustic Roast Potatoes &  
Seasonal Vegetables

V S

Sweetcorn & Carrots

V S

Baked Beans or Peas

V

### PASTA & JACKET



Italian Tomato Twirl  
Pasta  
(CE, MK, G/W)

S

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Mac & Cheese  
(MK, G/W)

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Tomato & Vegetable  
Pasta  
(CE, G/W)

V S

### PUD



Banana Bonanza Sponge &  
Creamy Custard  
(E, MK, SO\*, G/W)

Golden Pear Crumble with  
Custard  
(MK, G/B\*, O, W)

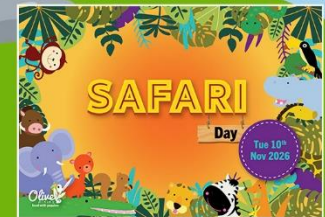
S

Fruit Yoghurt  
(MK)

Caramel Banana Cake with  
Custard  
(E, MK, SO\*, G/W)

Fruit Yoghurt  
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



## DATES

31 AUG / 21 SEP  
12 OCT / 09 NOV / 30 NOV

## ALLERGENS

CE = CELERY  
CR = CRUSTACEAN  
E = EGGS

F = FISH  
G = GLUTEN  
G/B = BARLEY

G/O = OATS  
G/R = RYE  
G/W = WHEAT

L = LUPIN  
MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS  
P = PEANUTS

SO = SOYA  
SU = SULPHUR  
SE = SESAME SEEDS

\* = MAY CONTAIN  
V = VEGAN  
S = SEASONAL VEG

# WEEKLY MENU

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## MONDAY

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## THEME DAYS

### MAIN



Butter Chicken Curry  
(CE, G/B\*, O\*, R\*, W\*)

S

Sweet & Sour Chicken  
(CE)

Honey Glazed Quorn  
(SO, G/W)

V

Homemade Beefy Lasagne  
(E\*, MK, G/B\*, W)

Captain's Crispy Fish  
Fingers & Chips  
(F, G/W)

### VEGGIE



Butter Plant Based Curry  
(CE, G/B\*, O\*, R\*, W\*)

V S

Sweet & Sour Roasted  
Vegetables

V S

Lightly Spiced 'Plant  
Based' Chickn

V

Homemade Roasted Squash  
& Root Vegetable Lasagne  
(E\*, MK, G/W)

S

Vegan Nuggets & Chips  
(G/W)

V

### SIDES



Steamed Rice & Broccoli

V S

Steamed Rice & Greens  
Beans

V

Paprika Diced Potatoes &  
Sweetcorn

V S

Broccoli

V S

Homemade Potato  
Wedges & Baked Beans

V S

### PASTA & JACKET



Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Italian Tomato Twirl Pasta  
(CE, MK, G/W)

S

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Tomato & Vegetable Pasta  
(CE, G/W)

V S

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

### PUD



Summer Fruit Cheesecake  
(E\*, MK, SO\*, G/B\*, O\*, R\*,  
W)

Chocolate Shortbread  
Biscuit  
(G/W)

V

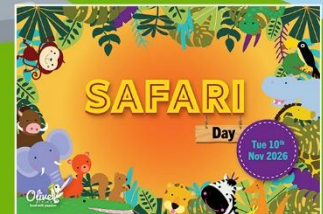
Sticky Toffee Apple  
Crumble with Custard  
(MK, G/W)

S

Jam Sponge with Custard  
(E, MK, SO\*, SU, G/W)

Cool School Ice Cream  
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



## DATES

07 SEP / 28 SEP  
19 OCT / 16 NOV / 07 DEC

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## THEME DAYS

### MAIN



Sticky Chicken Pasta Bake  
(CE, G/W)

Cowboy Beef Chilli  
(CE)

Roast Chicken with Gravy

Beef Bolognese with Pasta  
(G/B\*, W)

Crispy Catch Fish & Chips  
(F, G/B\*, W)

S

### VEGGIE



Sticky Veggie Pasta  
Surprise  
(CE, G/W)

Tex Mex Mild Veggie Chilli  
(CE)

Roast Jerk Quorn Fillet  
(G/W)

Vegetable & Lentil  
Bolognese with Pasta  
(G/B\*, W)

Cheesy Pizza & Chips  
(MK, G/W)

V S

V S

V

V S

### SIDES



Broccoli

Steamed Rice & Broccoli

Rustic Roast Potatoes &  
Seasonal Vegetables

Peas & Sweetcorn

Baked Beans or Peas

V S

V S

V S

V S

V

### PASTA & JACKET



Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Mac & Cheese  
(MK, G/W)

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

Italian Tomato Twirl Pasta  
(CE, MK, G/W)

Jacket Potato with a  
Choice of Fillings  
(E, F, MK)

S

### PUD



Winter Berry Cake  
(E, MK, SO\*, G/W)

Fruit Yoghurt  
(MK)

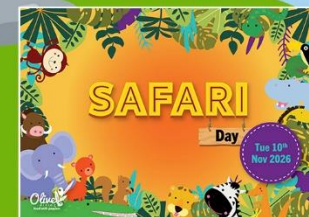
Oaty Crunch Cookie  
(MK\*, G/B\*, O, W)

Mixed Berry Crumble with  
Custard  
(MK, G/W)

West Indian Fruit Cake  
(E, MK, SO\*, G/W)

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



## DATES

14 SEP / 05 OCT  
02 NOV / 23 NOV / 14 DEC

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